When writing about an idea, make clear whose idea it is.

Activity

Using information from the four note cards below, compose an explanatory paragraph about altitude sickness. You may use paraphrase and/or direct quotation to compose your paragraph, but be sure that you have provided clear and correct citations. Be particularly careful to identify information correctly as you combine ideas that may come from two different sources.

"Altitude"

21

Severe altitude illness, which most often occurs when the ascent to higher altitudes is done quickly, includes symptoms also seen in moderate altitude sickness (weakness, shortness of breath upon exertion, and decreased coordination), as well as shortness of breath when resting, the complete inability to walk, mental confusion, buildup of fluid in the lungs (pulmonary edema), and fluid leakage in the brain that produces swelling (cerebral edema).

"Altitude Illness." World of Sports Science. Ed. K. Lee Lerner and Brenda Wilmoth Lerner. Vol. 1. Detroit; Gale, 2007. 21-22. Gale Virtual Reference Library. Web. 8 June 2011.

> Krakauer, Jon. Into Thin Air: A Personal Account of the Mount Everest Disaster. New York: Villard, 1997. Print.

Krakauer

JDE

sh

J D S

dh

HACE (High Altitude Cerebral Edema) happened to be on my mind that afternoon because just two days earlier a man named Dale Kruse ... had come down with a serious case of it right here at Camp Three. On April 26 he'd climbed from Camp Two to Camp Three, brewed some tea for himself and his teammates, and then lay down in his tent to take a nap. "I fell right asleep," Kruse recalls, "and ended up sleeping almost twenty-four hours. When somebody finally woke me up it immediately become apparent to the others that my mind wasn't working, although it wasn't apparent to me." Kruse was having an incredibly difficult time simply trying to dress himself. "... It was like I was very drunk," Kruse recollects. "I couldn't walk without stumbling, and completely lost the ability to think or speak."

Papar Procadura

Avoiding Plagiarism: The Activity Packet

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